



## **Total Training Tower Specification – XL Size**

### **Dimensions**

Specifically designed for larger spaces such as commercial gyms, garages or high-ceiling rooms where there is sufficient floor space and headroom.

Height	230 cm
Width	120 cm without Olympic plate side storage bars fitted
Width	160 cm with Olympic plate side storage bars fitted
Depth	110 cm
Weight	60 Kg (135 lbs)

### **Maximum Load Ratings**

Pull-Up Bar	Total maximum rated load - 300 Kg (660 lbs) including user, belt and all weights
Bar Bell Hooks	Total maximum rated load - 300 Kg (660 lbs) when used as a pair
Safety Bars for Squat Weights	Total maximum rated load - 300 Kg (660 lbs) when used as a pair
Olympic weight plate storage bars	Total maximum rated load - 200 Kg (440 lbs) each bar

### **Important Information**

The Total Training Tower (TX3) is available in STANDARD and XL sizes.

The Total Training Tower (TX3) has been designed and manufactured for indoor use. For outdoor use or storage please contact us for price on application.

The TX3 is rated for use with a 300kg load. It has been tested to 500Kg.

The TX3 comes with safety bars as standard. These are intended for use during squat lifts for example when a user may need to release the bar bell quickly to prevent injury.

TX3 Pull-Up Bars offer 3 grip positions.

Easy to assemble.

British made.