



Total Training Tower Specification - STANDARD SIZE

Dimensions

Specifically designed for home users or where there is restricted floor space or head-room.

Recommended minimum headroom is 2.5 M (8 ft).

Height	200 cm to allow head clearance with a standard 2.5m ceiling
Width	104 cm without Olympic plate side storage bars fitted
Width	144 cm with Olympic plate side storage bars fitted
Depth	110 cm
Weight	50 Kg (110 lbs)

Maximum Load Ratings

Pull-Up Bar Total maximum rated load - 300 Kg (660 lbs) including user, belt and all weights

Bar Bell Hooks Total maximum rated load - 300 Kg (660 lbs) when used as a pair

Safety Bars for Squat Weights Total maximum rated load - 300 Kg (660 lbs) when used as a pair

Olympic weight plate storage bars Total maximum rated load - 200 Kg (440 lbs) each bar

Important Information

The Total Training Tower (TX3) is available in STANDARD and XL sizes.

The Total Training Tower (TX3) has been designed and manufactured for indoor use. For outdoor use or storage please contact us for price on application.

The TX3 is rated for use with a 300kg load. It has been tested to 500Kg.

The TX3 comes with safety bars as standard. These are intended for use during squat lifts for example when a user may need to release the bar bell quickly to prevent injury.

TX3 Pull-Up Bars offer 3 grip positions.

Easy to assemble.

British made.